



SUNDAY, APRIL 5, 2020
2:00-5:00 PM

Self-Defense Seminar

BY GRIT•KRAV•MAGA IN SHERWOOD
HOSTED BY SYLVAN HILLS CHURCH OF CHRIST



**GRIT
KRAV
MAGA**

Self-Defense Seminar

by **GRIT KRAV MAGA** in Sherwood, AR

Juanice Davenport & Wil Phillips opened Grit Krav Maga in 2019 to share their passion for self-defense with the Sherwood and surrounding community. They have been training together in since 2008. Krav Maga is an Israeli-based self-defense system that has been used in the military, with law enforcement, and with civilian training. Juanice co-leads the church security ministry at That.Church in Sherwood and Wil has worked as a security guard/bouncer for more than 20 years. They are on mission together to make our community safer by training individuals and groups in self-protection, mindset, awareness, and self-defense.

Please RSVP to Grit Krav Maga at (501) 658-8477.

EVENT DETAILS Hosted by the Sylvan Hills Church of Christ; 117 West Maryland Ave, Sherwood, AR 72116

SUNDAY, APRIL 5, 2020 2:00 – 5:00 pm in the Family Life Center

Ages 12 and up are invited to attend from 2:00 – 3:00 pm ONLY.

All ages from 16 and up are invited to attend the ENTIRE seminar from 2:00 – 5:00 pm.

Wear comfortable clothes.



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